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## **Board of Physical Therapy Minutes**

**October 02, 2023**

Labor & Industries, 7273 Linderson Way SW, Room S119, Tumwater, WA 98501

**Members present:** Rodney Copes, Physical Therapist, Vice-Chairperson; Jennifer Aglubat, Physical Therapist; Kathryn Dale, Physical Therapist, Chairperson; Jeffrey Foucrier, Physical Therapist; Destini Jammeh, Physical Therapist Assistant; Celeste Misko, Physical Therapist

**Members absent:** None

**Staff present:** Jennifer Santiago, Executive Director; Allyson McIver, Program Manager; Madissen Schatz Administrative Assistant; Alyssa Brazil, Administrative Assistant; Tessa Harvey, Policy Analyst; Stephanie Vaughn, Rules Manager; Zehra Siddiqui, Policy Analyst; Mikala Lord, Policy Analyst; Lydia Koroma, Supervising Staff Attorney; Lilia Lopez, Senior Counsel; Marianne Richter, Policy Analyst

**Guests and other participants:** John Dalack, AP, DOM; Lisa VanHaagen, BA/BS, MS, EAMP, LMP, Acupuncture & Integrative Medicine; Kaitlyn Lantz, DPT; Brian Thacker, CEO, Olympic Sports & Spine, Adjunct Faculty/Clinical Instructor, University of Puget Sound; Leslie Emerick, Owner/Partner, Emerick & Bloom – Governmental Consulting-Legislative Advocacy; Emily Bohannon, Physical Therapist, APTO Physical Therapy and Wellness; Dri Barr; Ashley Brown, Pediatric Physical Therapist, Kindering; Elizabeth Dart, DAOM, L.Ac, Dipl. OM (NCCAOM), NaturoMedica; Melissa Johnson, Lobbyist, APTA-WA

Kathryn Dale, chairperson, called the public meeting to order at 10:00 a.m. and read from a prepared statement (on file).

### **1. CALL TO ORDER**

#### **1.1. INTRODUCTIONS**

Board members, Department of Health staff, and guests introduced themselves.

#### **1.2. APPROVAL OF AGENDA**

**Motion:** Table item three, intramuscular needling rules discussion and workshop, until the arrival of Lilia Lopez, assistant attorney general. Approve October 02, 2023, agenda as amended.

**Motion/Second:** Dr. Foucrier/Vice-chairperson Copes. Approved unanimously.

### **1.3. APPROVAL OF AUGUST 21, 2023, MEETING MINUTES**

**Motion:** Approve the August 21, 2023, minutes.

**Motion/Second:** Dr. Foucrier/Vice-chairperson Copes. Approved unanimously.

## **2. OPEN FORUM**

The open forum provided an opportunity to address the board on issues of significance affecting physical therapy practice that are not related to topics for which a rules hearing is scheduled.

Dri Barr inquired about the board's policy pertaining to multidisciplinary evaluations for early intervention services. Disciplines are often asked to perform outside their scope of training.

The board advised that questions should be submitted to [physical.therapy@doh.wa.gov](mailto:physical.therapy@doh.wa.gov). The board will research and respond or discuss the inquiry at a future meeting and draft a response, which will then be sent to interested parties.

## **3. INTRAMUSCULAR NEEDLING RULES DISCUSSION AND WORKSHOP**

The board held a rules workshop regarding the implementation of the intramuscular needling endorsement.

### **3.1. PUBLIC COMMENT**

Emily Bohannon, physical therapist, APTO Physical Therapy and Wellness, inquired about the requirements for an intramuscular needling endorsement for out-of-state applicants. Applicants must provide evidence of 325 hours of instruction and clinical experience. Dr. Bohannon asked that the board clarify if these hours are transferable from other states, especially when an applicant already holds an intramuscular needling endorsement out-of-state.

### **3.2. BOARD DISCUSSION**

Ms. Lopez, Dr. Foucrier, and Allyson McIver, program manager, will incorporate comments and decisions from the board into the rules draft. The draft will be sent to the board and made public through GovDelivery. A third workshop will be held on December 11, 2023, to discuss comments received from the public. If the board

chooses to approve the draft at that time, Ms. McIver will prepare the CR-102. A hearing will be tentatively scheduled for April 15, 2024.

The board took a break at 10:28 a.m. and reconvened at 10:33 a.m.

#### **4. FEDERATION OF STATE BOARDS OF PHYSICAL THERAPY**

##### **4.1. COMPACT COMISSION UPDATES**

The Physical Therapy Compact Commission will meet on October 22, 2023, in Jacksonville, Florida. The Executive Board will meet in the spring of 2024.

#### **5. CHAIR AND VICE-CHAIR NOMINATIONS AND ELECTIONS**

Ms. McIver facilitated nominations and elections for the new chairperson and vice-chairperson for the Board of Physical Therapy, with both roles effective January 2024.

**Motion:** Nominate Chairperson Dale as board chairperson for 2024.

**Motion/Second:** Vice-chairperson Copes/Dr. Foucrier. Approved unanimously.

**Motion:** Nominate Vice-chairperson Copes for vice-chairperson for 2024.

**Motion:** Dr. Aglubat. Approved unanimously.

#### **6. SECOND SUBSTITUTE HOUSE BILL 1724 OVERVIEW**

Ms. McIver provided an overview of HB 1724, and how this bill impacts the board's work. The board will consider program approval of substantial equivalency states after initial review and approval by the board.

**Motion:** File a CR-101 for endorsement and initial licensure WAC chapters.

**Motion/Second:** Dr. Aglubat/Dr. Foucrier. Approved unanimously.

**Motion:** Approve all of the states presented as substantially equivalent for the physical therapy licensing requirements, with the exception of Montana, New York, and Virginia. Montana and New York will be revisited at the December 11, 2023, meeting, pending further identification of their education requirements.

**Motion/Second:** Dr. Foucrier/Vice-chairperson Copes. Approved unanimously.

**Motion:** Approve Virginia as substantially equivalent for the physical therapy assistant license requirements.

**Motion/Second:** Dr. Foucrier/Dr. Aglubat. Approved unanimously.

**Motion:** The board will direct the Department of Health's staff to approve applications for states that have been discussed and approved as substantially equivalent.

**Motion/Second:** Dr. Aglubat/Dr. Foucrier. Approved unanimously.

The board recessed for lunch at 12:16 p.m. and reconvened at 12:36 p.m.

## **7. FALL NEWSLETTER REVIEW**

The board reviewed and considered approving the fall 2023 newsletter draft.

**Motion:** Approve the newsletter as presented and permission for the department to proceed with final review and publication.

**Motion/Second:** Dr. Aglubat/Vice-chairperson Copes. Approved unanimously.

The newsletter will be made public toward the end of October 2023.

## **8. WEBSITE FAQ REVIEW**

The board reviewed the website FAQ and decided if there needed to be any updates or edits made. Ms. McIver will present a draft at the December 11, 2023, board meeting.

## **9. PROGRAM REPORT**

### **9.1. BUDGET REPORT**

Not available at this time. A full report will be presented at the December 11, 2023, meeting.

### **9.2. RULEMAKING UPDATE**

A CR-103P was filed as WSR #23-16-125 on August 01, 2023, changing the Test of English as a Foreign Language passing scores and removing a requirement related to an accredited program for licensure as a physical therapist. This rule became effective on September 01, 2023.

A rules draft regarding the physical therapy intramuscular needling endorsement will be distributed to the public through GovDelivery. The board will review a draft at the December 11, 2023, meeting and discuss the endorsement fee. If the board approves the draft at that time, Ms. McIver will draft the CR-102 and schedule a rule hearing for April 15, 2024.

A CR-103 will be filed shortly regarding health equity continuing education for the physical therapy and physical therapy assistant profession, WAC 246-915-085. Ms. McIver will send a GovDelivery notice to the public when the CR-103 has been filed.

The board will consider updating WAC 246-915A-010 – Physical Therapy Licensure Compact – Compact Commission Rules, at the December 11, 2023, meeting.

The board has approved staff to file a CR-101 endorsement and initial licensure WAC chapters.

### **9.3. BOARD MEMBER RECRUITMENT UPDATE**

The board has not received additional applications for the public member position. Another recruitment notice will be sent out via GovDelivery. Additional information is available on the Board of Physical Therapy and Office of the Governor webpages.

### **9.4. LEGISLATIVE UPDATES**

HB 1009 passed legislature. Training must be provided to each board or commission member on the culture of military spouses, the military spouse experience, and issues related to military spouse career paths by January 01, 2024, or within 90 days of appointment. The Department of Veterans Affairs (DVA) has created an internet-based training that will be used to satisfy the training requirement. Ms. McIver will email members additional information.

### **9.5. PLANNING FOR UPCOMING MEETINGS**

- Federation of State Boards of Physical Therapy (FSBPT) 2023 Annual Education Meeting report out.
- Physical therapist and physical therapist assistant frequently asked questions.
- Intramuscular needling rules discussion and workshop.
- Continue work reviewing states as substantially equivalent, as required by HB 1724.

## **10. ADJOURNMENT**

Chairperson Dale adjourned the meeting at 1:03 p.m.

### **BOARD OF PHYSICAL THERAPY**

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Kathryn Dale, Chairperson

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