

Rule	WAC 246-835-020	WAC 246-835-022	WAC 246-835-040
Pathway	Pathway A: Training Program	Pathway B: Ancestral	Pathway C: Out of State
<b>Proof of completion</b>	(1) A completed application as provided by the Department of Health;	(1) An attestation on forms provided by the Department of Health that you have completed training that is substantially equivalent to the required training in WAC 246-835-020	An initial applicant currently certified to practice as a birth doula in another state, the District of Columbia, or a territory of the United States may be licensed by endorsement.  An Applicant shall comply with the requirements for licensure as specified in chapters 18.47 RCW and 246-835 WAC and submit proof of: (1) Current certification from another United States jurisdiction
	<b>And</b>	<b>Or</b>	<b>And</b>
	(2) Proof of successful completion of the education requirements in WAC 246-835-015: (a) Culturally congruent ancestral practices, training, and education as required in 246-835-025; and (b) Complete an approved program in one of the following ways:  If you completed the core curricula training requirements through a program or courses that collectively meet the requirements in WAC 246-835-020(1), you must submit documentation to the Department of Health.  If you completed the training requirements from an approved program through WAC 246-835-020(2) listed on the Department of Health's webpage, proof of completion must be received by the Department of Health directly from the program where you completed the training.  If you completed the education requirements through completion of the ancestral pathway in WAC 246-835-022, you must submit documentation to the Department of Health."	(2) Three written client testimonial letters or letters of recommendation from profession-related leaders or peers using testimonial templates provided by the Department of Health. Letters must be written within the last five years. One letter must be from either a licensed provider, a community based organization, or a practicing doula or midwife.	(2) For applicants who have been certified in another jurisdiction for at least two years, completion of 10 hours of continuing education within the two-year period immediately preceding licensure.
	<b>And</b>		
	(3) Verification from all states in which you hold or have held a healthcare credential, indicating that you have or have not been subject to final or pending disciplinary action.		

Competencies in WAC 246-835-020		
Role of a Birth Doula	Prenatal and Birth Care	Postpartum Care
History of birthwork	Physiology of labor and birth	Lactation and newborn feeding techniques
Scope of work for a doula	Comfort measures	Newborn care
Individual practice and skill set	Coping techniques and pain management	Family integration and bonding
When and how to refer out	Common medical terminology and interventions	Postpartum healing and comfort measures
	Creating a birth plan	Self and community care
	Reproductive loss and termination	Postpartum mood and anxiety disorders (PMADS)
	Prenatal wellness and preparing for birth (e.g., nutrition, movement, mental health, spiritual wellness, relationship support, education, resources, etc.)	Bereavement (e.g., infant loss, miscarriage, still birth, grief)
Birth Justice and Advocacy	Communication and Interpersonal Skills	Personal Safety and Self Care
History of obstetrics	Collaboration with birth team	Boundaries with clients
Erasure of Granny Midwives and Indigenous birthwork	Community support networks	Emotional wellness practice (e.g., mindfulness, meditation, Reiki, prayer, etc.)
LGBTQ+/Gender Inclusive Care	Emotional intelligence and sensitivity	Capacity and burn out
Black and Indigenous perinatal health crisis	Active listening	Networking and community building
Medical racism and advocacy	Informed consent and decision making	
	Advocacy and bystander intervention	
	Accessible and affirming language (Decolonized/ inclusive medical terminology and anatomy)	
Multicultural, Ancestral and Culturally Congruent Care	Other recommended competencies include;	
Spiritual and cultural rituals for birth (e.g., rebozo use, belly binding, placenta burial, placenta encapsulation, cord burning, lotus birth etc.)	The Business of Birth Doula	
Development of intuitive practices during birth (following intuition)	Self employment and contracting basics	
	Understanding insurance, FSA/HAS	
	Liability	