

## GET THEM READY FOR FALL: SCHEDULE A WELL CHECKUP TODAY!

A well checkup is a great chance for your health care provider to offer support for **behavioral/mental** health and wellness.

They're also a great tool for checking your teen's healthy development and can help you find

possible future problems early! Insured teens and young adults (0–20) in Washington get a **free** health checkup every year!

Fall means they're back in school—so make their health part of the back-toschool routine! A well checkup offers the perfect time for asking any health questions you might have, as well as getting those important immunizations.

## Schedule a well checkup today!

If you need help finding a clinic near you or have trouble scheduling a visit, call your insurance company. If you need help finding coverage, go to wahealthplanfinder.org or call 1-855-923-4633.

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To request this document in another format, call 1-800-525-0127. Deaf or hard of hearing customers, please call 711 (Washington Relay) or email <u>civil.rights@doh.wa.gov</u>.

