

## Parks Rx Task Force Meeting #4: Meeting Notes

Monday, February 7, 2022, 1:00 p.m. - 3:00 p.m.

Webinar via Microsoft Teams

### Attendees

Task Force members: Terri Drexler, Hunter George, Cindan Gizzi, Cindy Green, Amanda McCarthy, Beth Mizushima, Steve Montague, Shawn Rundell, Rob Stevens, Pooja Tandon

Guests: Jennifer Greene, Amy Ellings, Theresa Sanders, Chris Zipperer, Evan Smith, Kristen Stoimenoff

Topic	Notes	Next Steps
Opening, Introductions and Announcements	<p>Task Force (TF) members provided introductions, and Beth provided a few announcements:</p> <ul style="list-style-type: none"><li>• A recording of the Lunch and Learn session is available.</li><li>• The WA Portal page is set up and Task Force members are encouraged to sign up. Draft documents will be posted on this site to allow TF members to contribute directly to draft documents and recommendations.</li><li>• Approval to extend the period of performance past June 30, 2022, to complete the legislative report was received.</li><li>• Task Force members and Regional Advisory Committee members who do not have employment that reimburses for participation in meetings are eligible to receive an incentive item for participation.</li></ul>	<p><b>DOH:</b> Assist with access to WA Portal for all TF members.</p> <p><b>TF Members:</b> Contact Theresa if interested in receiving an incentive item.</p>
Regional Advisory Committee (RAC) Updates	<p>Amanda provided an update on progress with the RACs. The first meeting was held on January 19, 2022. Everyone started out together for a general overview, then each region broke out into a specific group. Lots of interest and excitement by participants in all three groups. There is still room for additional participants and RAC Leads are accepting recommendations from RAC members for additional members. Next meetings are February 16 (Southwest and Eastern) and February 24 (Puget Sound).</p>	<p><b>DOH and RAC Leads:</b> Conduct and host February and March RAC meetings. RAC feedback will be integrated into the draft recommendations posted for review by TF members.</p>
Information Session: Wellness Programs	<p>Kristen Stoimenoff from the Washington Health Care Authority presented information on the SmartHealth program that is offered to employers participating in the Public Employee Benefits Board (PEBB) and the School Employees Benefits Board (SEBB) program.</p>	

	<p>SmartHealth is available to all individual subscribers in these health plans. There is no requirement for employees to participate, or for employers to participate. Participation is voluntary.</p> <p>A main driver for participation in the program is an incentive of \$125 off an insurance deductible or deposited in a health savings account. The incentive is earned through earning points by participating in SmartHealth activities. Of the 100,000 employees participating in the program, 19,000 employees eared the incentive in 2021.</p> <p>The program is managed by an outside contractor and offers many existing activities, but also offers Washington-specific activities. The program does collect some demographic information, such as age, gender, and employer group, but no race, ethnicity, or income information. HCA experimented with integrating with Apple Health (Medicaid). Very few participants, no additional incentive available, and no additional support for promotion.</p> <p>During discussion, several TF members mentioned other workplace wellness programs used by other employers and health care organizations. Some provide incentives to employers for the number of employees that participate in the program.</p>	
<p>Discussion: Review of Recommendations Feedback</p>	<p><b>Equity:</b> Many TF members had questions about how information will be presented to the RACs for review. Concerns were raised about allowing for adequate input from those who we are hoping to reach with the pilot projects and ensuring that room is left for the community to have input in the design and implementation. Concern was also raised about being too vague with the draft recommendations and not providing enough of a frame from which to collect substantive feedback from the RACs. The group agreed that the three suggestions in the summary document were good to put forward and that an equity-specific recommendation with a framework should be included.</p>	<p><b>DOH:</b> Update summary document reflecting TF member feedback. Provide to RAC members for review and discussion.</p> <p><b>DOH and RAC Leads:</b> Facilitate February and March RAC meetings. Request input on</p>

	<p><b>Structure + Leadership:</b> The group agreed with the suggestion to support a statewide advisory committee, along with a local leadership committee. Regarding the suggestion for recommending an organization to act as the administrative and coordinating agency, general agreement landed on the Department of Health, due to its statewide connections with healthcare organizations and local health jurisdictions. Other state agencies mentioned for consideration and possible partnership included WA State Parks and the Recreation and Conservation Office. The long-range option of transitioning to a stand-alone nonprofit (Tennessee model) was also mentioned.</p> <p><b>Pilot Projects:</b> The three main options that rose to the top in the survey included partnering with community-based organizations (CBOs), working within a healthcare system to reach patients with a specific health issue, and employee wellness programs. Defining these recommendations was seen as a big role for the TF and the RACs. Discussed was the balance between being specific enough to make the case for funding, while also addressing the need for equitable community engagement. The group did not support recommending a single type of pilot project.</p> <p><b>Funding and Insurance:</b> Mixed funding was the option that seemed most feasible and desired. Dedicated state funding, along with other grants and local support would be combined to implement the program in specific communities. Suggestions also included expanding within an existing wellness program rather than starting from scratch. No concerns were raised related to the suggestions in the summary document.</p> <p><b>Vision of Success:</b> The group agreed that a vision statement is needed for the report. A sample statement was included in the summary document</p>	<p>the framework, design and structure of pilot projects and method for choosing pilot project sites.</p> <p><b>TF Members:</b> Choose one or two of the five sections of recommendations to review and provide comment.</p>
<p>Discussion: Next Steps for Draft Report</p>	<p>The February RAC meetings will collect initial comments. Drafts of each section of the recommendations will be available for review, comments, and edits by Task Force members after the February RAC meeting and before March RAC meeting. This feedback will be incorporated into a revised and</p>	<p><b>DOH:</b> Develop draft recommendations and post on WA Portal.</p>

	<p>updated version of the recommendations for review by RAC members for the March RAC meeting. After March RAC meeting, initial draft report will be compiled and provided for review and comment by Task Force members.</p>	<p><b>TF members:</b> Inform Theresa regarding chosen sections to review. Visit WA Portal and provide comments, suggestions, and feedback to proposed recommendations.</p>
<p>Summary, Next Steps, and Closing</p>	<p>Next Task Force meeting: April 4, 2022. Main task for this meeting will be review and discussion of initial draft legislative report.</p>	<p><b>DOH:</b> Provide initial draft of legislative report one week before April 4 meeting.</p>