



## ATHLETIC TRAINING ADVISORY COMMITTEE PUBLIC MEETING AGENDA

DATE / START TIME:  
Monday, April 1, 2024  
9:00 A.M.

LOCATION:

### Microsoft Teams meeting

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OR

Labor & Industries

7273 Linderson Way S.W., Room S119

Tumwater, WA 98501

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Committee  
Members:

Denton Norwood, ATC – Chair  
Kasee Hildenbrand, PhD, LAT, ATC, NFAP –Vice-chair  
Chandra Lovejoy, LAT, ATC– Committee Member  
Craig Bennett, MA, LAT, ATC – Committee Member  
Kirk Westre, PhD – Public Member

Contact:

Allyson McIver, Program Manager  
Phone (360) 236-2878; Fax (360) 236-2901  
Email: [allyson.mciver@doh.wa.gov](mailto:allyson.mciver@doh.wa.gov)

In accordance with the Open Public Meetings Act, notices were sent electronically to individuals who requested notification of meetings of the Athletic Training Advisory Committee.

**Times and Order:** Times are approximate. The meeting will start at 9:00 a.m. on Monday April 1, 2024 and will continue until all agenda items are completed. This agenda is subject to change. Smoking is prohibited at this meeting. This meeting is fragrance free. We ask that you please refrain from applying perfume, hair spray, cologne or aftershave prior to your visit. Your cooperation is appreciated.

**Accessibility:** This meeting is accessible to persons with disabilities. Special aids and services can be made available upon advanced request. Advance request for special aids and services must be made no later than one week before the meeting. If you need assistance with special needs and services, you may leave a message with that request at 1-800-525-0127 or, if calling from outside Washington State, call 360-236-4052. TDD may also be accessed by calling the TDD relay service at 1-800-833-6388. If you need assistance due to a speech disability, Speech-to-Speech provides human voicers for people with difficulty being understood. The Washington Speech-to-Speech toll free access number is 1-877-833-6341. If you need general information about this meeting, please call the program manager at 360-236-2878.

## **OPEN SESSION – 9:00 a.m.**

### **1. Call To Order**

- 1.1 Introductions
- 1.2 Approval of agenda
- 1.3 Approval of December 18, 2023, meeting minutes
- 1.4 Public Comment – The public will have an opportunity to provide comments. If you would like to comment during this time, please limit your comment to two minutes. Please identify yourself and who you represent if applicable. Comments from the public in attendance may also be solicited after each agenda item at the discretion of the chair.

**2. Credentialing Presentation** – Executive Director Zachary Patnode will present credentialing updates, future planning and data goals to the committee.

**3. Bylaws Review** – The committee will review and consider updating the Athletic Training Advisory Committee Bylaws.

**4. Annual OPMA Refresher** – Noelle Chung, AAG will present the annual OPMA refresher training to the committee.

**5. 2024 Legislative Session Discussion** – The committee representatives will report any relevant legislative activity to the committee.

**6. Medications Rule Update** – Department staff will share an update on the medications rulemaking project and next steps.

7. **Myofascial Decompression Discussion** – The committee will discuss cupping as it pertains to myofascial decompression.
8. **Compounding Discussion** – The committee will discuss compounding medications.
9. **Consent Agenda– Correspondence** –The following item(s) and any additional correspondence received or sent is for the committee’s information. If separate discussion is desired on an item, a single motion by a committee member will place the specific item(s) on the regular business agenda. If there is no motion, there will be no discussion.
10. **Program Report** – Allyson McIver, Program Manager
  - 10.1 Credentialing Statistics
  - 10.2 Operating Budget
  - 10.3 Disciplinary Statistics
  - 10.4 Committee Recruitment Updates
  - 10.5 BOC Updates
11. **Adjournment**



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**Draft Minutes**  
**December 18, 2023**

Labor & Industries, 7273 Linderson Way SW, Tumwater, WA 98501

**Members Present:** Chandra Lovejoy, Athletic Trainer; Craig Bennett, Athletic Trainer; Denton Norwood, Athletic Trainer, Chairperson; Kirk Westre, Public

**Members Absent:** Kasandra Hildenbrand; Athletic Trainer

**Staff Present:** Allyson McIver, Program Manager; Jennifer Santiago, Executive Director; Madissen Schatz, Administrative Assistant; Marlon Basco, Policy Analyst; Marianne Richter, Policy Analyst; Noelle Chung, Assistant Attorney General

**Guests and Other Participants:** Diana Roberts, Athletic Trainer, Physical Therapist, Roberts Athletic Training and Coaching; Billie Dickinson, Washington State Medical Association (WSMA); Garett Simpson, Athletic Trainer, Toppenish High School; Lee Martin, Athletic Trainer, Seattle Children's; Sarah

**1. Call to Order**

Chairperson Norwood called the public meeting to order at 9 a.m., welcoming participants and officially starting the business meeting.

**1.1. Introductions**

Chairperson Norwood initiated the introductions, and Ms. McIver introduced staff members. The introduction concluded with Chairperson Norwood acknowledging all attendees.

**1.2. Approval of Agendas**

Chairperson Norwood called for approval of the agenda. The motion to approve the agenda by Mr. Bennett, seconded by Ms. Lovejoy, was unanimously approved.

**1.3. Approval of May 23, 2023, Meeting Minutes**

Chairperson Norwood invited questions or comments on the May 23<sup>rd</sup> meeting minutes. The minutes were approved unanimously after a motion by Ms. Lovejoy and a second by Mr. Bennett.

#### **1.4. Public Comment**

The committee moved to the public comment period, and after no participants, it was suggested and agreed to close the open forum.

#### **2. Election of Officers**

Ms. McIver opened the floor for the election of the committee chairperson and vice-chairperson for the 2024 officer positions. Chairperson Norwood and Ms. Hildenbrand were chosen for chairperson and vice-chairperson, respectively.

Mr. Bennett motioned to retain Chairperson Norwood. Ms. Lovejoy seconded the motion. The motion to retain Chairperson Norwood was approved unanimously.

Ms. Lovejoy moved to have Ms. Hildenbrand be the vice-chairperson. Chairperson Norwood seconded the motion. The motion for Ms. Hildenbrand as vice-chairperson was approved unanimously.

#### **3. Committee Representatives for 2024**

Mr. Bennett and Ms. Hildenbrand volunteered as representatives for the 2024 weekly legislative calls. They will coordinate to fulfill this responsibility.

#### **4. Set 2024 Meeting Dates and Locations**

The proposed meeting dates of April 1<sup>st</sup> (virtual), August 19<sup>th</sup> or 26<sup>th</sup> (in-person), and December 16<sup>th</sup> (virtual) were unanimously approved. Discussion included preferences and availability for each date.

Mr. Bennett motioned to approve the proposed meeting dates. All members unanimously approved the motion to set the meeting dates.

#### **5. Rules Discussion**

Chairperson Norwood led a discussion on rules, presenting a draft for medication changes. Adjustments were made based on feedback from Ms. Billie Dickinson and Ms. Gayle McGaffick. The committee found the draft comprehensive. The next steps in rulemaking were outlined, including filing the CR-102 and holding a rule hearing with a public comment period.

#### **6. Cupping for Myofascial Decompression**

Concerns about the use of cupping for myofascial decompression were discussed. Chairperson Norwood highlighted the ambiguity in the current practice act and suggested

the need for a defined understanding of cupping within the statute. Mr. Bennett raised a question about how listing practices in another profession's act affects other professions. Ms. Chung explained the limitations and the need for legislative changes. Chairperson Norwood and Ms. Hildenbrand volunteered to be contacts for providing information about myofascial decompression in athletic training programs. The committee agreed to revisit the topic in April after further research and discussion.

## **7. Consent Agenda – Correspondence**

Chairperson Norwood initiated the review of the consent agenda, seeking clarifications on any additions. Ms. McIver confirmed no additional items. No further discussion.

## **8. Program Report**

### **8.1. Legislation Update**

Ms. McIver reported on the upcoming legislative session with no bills directly impacting athletic training pre-filed. Discussion ensued about potentially accepting national certification, like BOC, for licensure to streamline the process.

### **8.2. Operating Budget**

Ms. McIver presented the program budget report for July 1<sup>st</sup>, 2023, to October 31<sup>st</sup>. The fund balance continues to exceed the fund balance goal. The actual revenue fell short of the estimated revenue, and no questions were raised.

### **8.3. Disciplinary Statistics**

Ms. McIver presented disciplinary statistics for two periods with no further questions raised. Committee involvement in the disciplinary process was clarified as minimal.

### **8.4. Committee Recruitment Updates**

Mr. Westre was appointed to the public member position. Recruitment for Chairperson Norwood's position will begin closer to his exit date. Mr. Bennett is filling Mr. Brown's remaining term.

## **9. Adjournment**

Chairperson Norwood adjourned the meeting at 9:58 a.m.

## **Washington State Athletic Training Advisory Committee**

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Denton Norwood, Chairperson

**Contact:**

Allyson McIver, Program Manager

(360) 236-2878

[allyson.mciver@doh.wa.gov](mailto:allyson.mciver@doh.wa.gov)



## **Department of Health Athletic Training Advisory Committee Bylaws**

**Adopted/Revised Effective December 20, 2021**

<b>Article I.</b>	<b>Name and Statutory Authority</b>
<b>Article II.</b>	<b>Mission and Purpose</b>
<b>Article III.</b>	<b>Membership</b>
<b>Article IV.</b>	<b>Officers</b>
<b>Article V.</b>	<b>Meetings</b>
<b>Article VI.</b>	<b>Meeting Procedures</b>
<b>Article VII.</b>	<b>Committees</b>
<b>Article VIII.</b>	<b>Administrative Responsibilities of Members</b>
<b>Article IX.</b>	<b>Adoption and Amendment of Bylaws</b>

### **Article I – Name and Statutory Authority**

1. The full name of the Committee is the Department of Health (Department) Athletic Training Advisory Committee. For brevity, these bylaws will refer to it as “the Committee.”
2. The Committee derives its authority from the Washington State Legislature under Chapter 18.250 RCW.

### **Article II – Mission and Purpose**

The mission and purpose of the Committee is to advise and make recommendations to the Secretary of the Department of Health (Secretary) on issues including, but not limited to, continuing education, licensure, standards of competence and professional conduct, as set forth in RCW 18.250.005.

### **Article III - Membership**

1. Membership composition. The Committee shall be composed of five members. Four members of the Committee must be athletic trainers licensed under chapter 18.250 RCW with 5 years’ experience and must be actively engaged in



the athletic training profession within two years of appointment. One member of the Committee must be a public member and have an interest in the rights of consumers of health services.

2. Appointments. The members are appointed by the Secretary of the Department of Health.
3. Duration of Term. Members shall be appointed to serve for terms of four (4) years. Each member shall hold office for the term of their appointment and may continue serving until their successor is appointed and qualified.
4. Term Limits. Committee members will be limited to serving two (2) terms.
5. Resignation. Any Committee member may resign at any time by providing written notice to the Secretary, with a copy to the Executive Director of the Department of Health Athletic Training Program.
6. Vacancies. As vacancies occur on the Committee by resignation, death, incapacity, etc., the vacancy shall be filled by appointment by the Secretary for the remainder of the term. If the newly appointed committee member is filling a vacancy for half of a regular term or longer, it shall be considered a full term. This member will be eligible for one additional term if so desired.

#### **Article IV - Officers**

1. Officer Positions. The Committee may designate the officer positions of Chair and Vice Chair to provide leadership to the Committee. The duties of each officer are as follows:
  - A. Chair. The Chair of the Committee provides overall leadership to the work of the Committee. This may include, but is not limited to:
    - i. Presiding over business meetings
    - ii. Regulating comment by members of the public at meetings
    - iii. Representing the Committee at public events, with the media as needed, etc.
    - iv. Assigning tasks to other members of the Committee.
    - v. Counseling other members on proper attendance and participation in Committee work.

- B. Vice Chair. In the absence of the Chair, the Vice Chair shall perform the duties of the Chair. The Vice Chair may be delegated duties, on a standing basis, by the Chair.
2. Terms of office. The terms of office for all officer positions for the Committee shall be one (1) year in length.
  3. Elections.
    - A. Date(s) for Election. Election of Officers will be held at the last Committee meeting every year unless an officer position becomes vacant before the last Committee meeting of the year.
    - B. Procedure. As with other forms of action taken by the Committee, elections of officers shall be public. Secret ballots are not allowed.
  4. Vacancies in Officer Positions.
    - A. If the office of Chair becomes vacant, the Vice-Chair shall assume the office of Chair in the interim until an election can be scheduled to permanently fill the Chair position for the unexpired portion of the term.
    - B. If the Vice-Chair position becomes vacant, the Chair may appoint an interim Vice-Chair to fill the vacant office until an election can be scheduled to permanently fill the Vice-Chair position for the unexpired portion of the term.
  5. Removal/replacement of Officer Positions.
    - A. Any officer may be removed from an officer position by the Committee whenever, in its judgment, the best interests of the Committee will be served thereby.
    - B. An officer of the Committee may be removed by a simple two-thirds majority vote of the Committee at any regular or special meeting of the Committee at which a quorum is present, and under rules or procedures approved by the Committee.

## **Article V - Meetings**

1. Type and frequency of meetings.
  - A. The committee shall, at the end of each calendar year, set a schedule of regular business meetings<sup>1</sup> for the upcoming year. This schedule shall be

filed in accordance with the Open Public Meeting Act (OPMA), RCW 42.30.075. Cancellation of any regular business meetings must also be done in accordance with the OPMA.

- B. Should the committee wish to change or add to its meeting schedule for the year, it may schedule special meetings<sup>2</sup>. At a special meeting, final disposition by the committee is limited to the matters identified as the business to be conducted in the notice. The publication of the meeting includes the agenda and the committee must stick to the published agenda.
  - C. The Committee will limit its use of executive session to the circumstances set forth in RCW 42.30.110.
  - D. The Committee will afford members of the public with disabilities an equal opportunity to participate in meetings by holding meetings in facilities which are accessible to persons with disabilities.
  - E. Use of conference calls, videoconferencing and other media. The Committee may make use of electronic media, such as conference calls, videoconferences, and webinars to conduct meetings. Such meetings will provide public access in at least one location as appropriate.
2. Quorum.
- A. A quorum is the number of members who must be present to conduct official business. A majority of the Committee members constitutes a quorum for Committee meetings, and a majority vote of those present decides any issue before the Committee.
  - B. At meetings where a quorum is not present, the only actions that may be legally taken by the Committee members present are to fix a time for adjournment, adjourn, recess or take measures to obtain a quorum (such as contacting absent members). If a quorum is not present, any official business conducted is null and void.

## **Article VI - Meeting Procedures**

1. Leadership.
- A. Meetings shall typically be led by the Chair. At any point during the meeting, the Chair may designate the Vice-Chair or another Committee member to lead the meeting on a pro-tem basis.

- B. In the event that the Chair will not be present at a meeting, the Vice-Chair shall lead the meeting in the Chair's absence.
  - C. If neither the Chair nor the Vice-Chair is expected to be present at a meeting, the Chair may designate another Committee member to lead the meeting on a pro-tem basis. If, due to unforeseen circumstances, neither the Chair nor the Vice-Chair is present at the meeting, the remaining members shall elect a pro-tem leader for the meeting until either the Chair or Vice-Chair is available.
2. Agenda/Order of Business. The first task of the Committee at each meeting will be to approve an agenda or order of business. Amendments must be done according to the OPMA.
  3. Decisions by Consensus. Minor administrative or procedural decisions may be made by a consensus of the Committee. One example of consensus decisions could be when the Committee chooses to take breaks or lunch periods.
  4. Actions Requiring Motion and Vote. Any Committee transaction of official business is defined as an action and requires a motion and vote. This includes taking action on any resolution, rule, regulation, order, or directive.
  5. Voting.
    - A. The Chair may vote on any action as would any other member. The chair has only one vote and may not vote both as a member and as a presiding officer (for example, to break a tie or to attain a two-thirds majority).
    - B. Voting by secret ballot is prohibited by the OPMA.
  6. Public Participation. The Chair will recognize members of the audience as appropriate. The Committee may set policies on designated times in the meeting (such as by agenda item or through a public comment period) for the public to put matters before the Committee.
  7. Disruptions. In the event that a Committee meeting is interrupted by an individual or group of persons so as to render the orderly conduct of the meeting unfeasible and order cannot be restored by the removal of individuals who are interrupting the meeting, the Chair, Vice-Chair, or other pro-tem presiding member may:
    - A. Order the meeting room cleared and continue in session; or

- B. May adjourn the meeting and reconvene at another location selected by majority vote of the members. In such a session, final disposition may be taken only on matters appearing on the agenda.
- C. The Committee shall allow individuals not responsible for disturbing the orderly conduct of the meeting to be readmitted to the reconvened meeting.
- D. Representatives of the press or other news media, except those participating in the disturbance, shall be allowed to continue to attend the meeting.

#### **Article VII - Committees**

- 1. Standing Committees.
  - A. The Committee may establish Standing Committees to help execute its mission.
  - B. Standing Committees will be comprised of Committee members, and may include others designated by the Chair.
  - C. The Chair will designate a Committee member to serve as the Standing Committee Chair.
  - D. Committee meetings must conform to the requirements of the OPMA.

#### **Article VIII – Administrative Responsibilities for Committee Members**

- 1. Attendance. All Committee members shall attend and participate in meetings and other official business events of the Committee. If any member fails to attend two or more consecutive meetings without a good and valid cause, he or she may be subject to counseling by the Committee Chair and/or Executive Director. Additional attendance problems may be cause for the Committee to notify the Secretary in writing about concerns of malfeasance and request that appropriate action(s) be taken.
- 2. Commitment to Participation in the Full Range of Committee Activities. All Committee members, in volunteering to serve, must commit to actively participating in the full range of Committee activities, including business meetings and conference calls. This may also include attending professional organization meetings and other forms of outreach.
- 3. Conflict of Interest and Ethics.

- A. All Committee members are responsible to uphold a high ethical standard and to avoid conflicts of interest or even the appearance of conflicts of interest. Using a public position for private gain is improper and illegal, as is taking or facilitating actions that benefit friends or close relatives.
  - B. Examples of conflicts of interest include:
    - vi. Directing state contracts to a business in which a member has a financial interest.
    - vii. Using confidential information for private investments.
    - viii. Accepting gifts or favors in exchange for certain regulatory rulings.
    - ix. Accepting gifts or favors in exchange for making certain purchases.
    - x. Obtaining personal favors from employees.
    - xi. Accepting favors for disclosure of confidential information.
    - xii. Engaging in outside employment which assists non-governmental entities in their quests for state business.
  - C. All members are responsible for knowing and must adhere to the Ethics in Public Service Act, Chapter 42.52 RCW while serving on the Committee. Committee members may incur penalties for violations of state ethics laws.
4. Lobbying and Political Activity.
- A. Committee members are in a unique position that allows them to provide information and recommendations on issues. However, a Committee member becomes a lobbyist when he/she attempts to influence the passage or defeat of any legislation by a legislator or tries to influence the Governor's actions on legislation that has passed both houses.
  - B. Any Committee member that undertakes lobbying must submit quarterly reports through their executive director that detail all lobbying expenditures, regardless of source, made or incurred by the Committee member during the calendar quarter. Lobbying that must be reported includes in-person contacts with legislators or staff to influence action or inaction on legislation.
  - C. Providing legislative testimony is not a form of lobbying if it is done on behalf of the Committee and at the request of the Committee. However, testimony provided by individuals outside of their official Committee activities and for personal interest may be considered lobbying.

5. Preserving Confidentiality. All Committee members are required to safeguard information provided to them in their course of their duties as Committee members. It is especially important to preserve the confidentiality of protected information, such as patient records or privileged communications, such as attorney-client opinions from the Committee's advising assistant attorney general.
6. Proper Communication and Ex-parte Contact. As representatives of the Committee and, by extension, the Department of Health, all members should refrain from inappropriate communications, including e-mail communications, including those that may represent ex-parte contact. This may include, but is not limited to, unauthorized communication with the media on behalf of the Committee.
7. Public Disclosure. All Committee members are responsible for knowing and must adhere to state requirements for public disclosure of documents. These requirements are set forth in Chapter 42.56 RCW. Records relating to the conduct of official business of the Committee, including e-mail, are subject to disclosure, even if stored on a Committee member's personal computer or handheld device.

#### **Article IX - Adoption and Amendment of Bylaws**

1. These bylaws will be initially adopted by the Committee by a simple two-thirds majority vote of the Committee. The bylaws will take effect immediately upon adoption.
  - A. These bylaws may be altered, amended or repealed by a majority of the Committee members at any Committee meeting. A simple two-thirds majority vote of the Committee is required for approval.
  - B. Amendments to these bylaws may be proposed by any Committee member at any Committee meeting.
  - C. Proposed amendments to these bylaws will be circulated to Committee members between meetings and voted upon at a future Committee meeting (as agreed to by the membership) as stipulated in *Article VI - Meeting Procedures*.

These bylaws adopted on the above date and signed/attested to below nullify and replace all prior Committee bylaws.

APPROVED:  
Department of Health  
Athletic Training Advisory Committee

By: \_\_\_\_\_  
Chair

Attest: \_\_\_\_\_  
Executive Director or Program Manager

<sup>1</sup> According to RCW 42.30.075, "state agencies which hold regular meetings shall file with the code reviser a schedule of the time and place of such meetings on or before January of each year for publication in the Washington state register. Notice of any change from such meeting schedule shall be published in the state register for distribution at least twenty days prior to the rescheduled meeting date. For the purposes of this section "regular" meetings shall mean recurring meetings held in accordance with a periodic schedule declared by statute or rule."

<sup>2</sup> According to RCW 42.30.080, "a special meeting may be called at any time by the presiding officer of the governing body of a public agency or by a majority of the members of the governing body by delivering written notice personally, by mail, by fax, or by electronic mail to each member of the governing body; and to each local newspaper of general circulation and to each local radio or television station which has on file with the governing body a written request to be notified of such special meeting or of all special meetings...such notice must be delivered or posted, as applicable, at least twenty-four hours before the time of such meeting as specified in the notice."



# Athletic Training Advisory Committee Guidance on Myofascial Decompression vs Eastern Medicine Cupping

## *Introduction*

The purpose of this document is to provide guidance to the Secretary of Health (Secretary) and Department of Health (Department) on the significant differences between myofascial decompression, utilized by Licensed Athletic Trainers (LATs), and the Eastern Medicine technique of cupping as defined in RCW 18.06.

## *Background Information*

LATs, as defined by RCW 18.250 are clearly excluded from practicing Acupuncture and Eastern Medicine. However, the use of physical agents and modalities are listed as treatments that LATs can perform. Myofascial decompression is a physical modality.

RCW 18.06 lists “Cupping” as a procedure that falls under the practice of Eastern Medicine. However, “cupping” is not defined by RCW or WAC, therefore it falls on the Department’s authority to determine what is, and what is not cupping.

Starting in approximately 2015-16 the use of myofascial decompression in physical rehabilitation professions, including physical therapy, occupational therapy, and athletic training, increased significantly. Part of this increase was from the use of the techniques by prominent athletes like Micheal Phelps. These professions can obtain training within their professional preparation programs or third parties. Currently Athletic Training Programs teach the technique under CAATE Standard 73 which states:

“Select and incorporate interventions (for pre-op patients, post-op patients, and patients with nonsurgical conditions) that align with the care plan. Interventions include (but are not limited to) the following:

- Therapeutic and corrective exercise
- Joint mobilization and manipulation
- Soft tissue techniques - *this is where myofascial decompression falls*
- Movement training (including gait training)
- Motor control/proprioceptive activities
- Task-specific functional training
- Therapeutic modalities
- Home care management
- Cardiovascular training” (Commission on Accreditation of Athletic Training Education, 2023).

## *Similarities between Myofascial Decompression and Cupping*

Both techniques utilize bell shaped cups to create an area of vacuum.

## *Differences between Myofascial Decompression and Cupping*

Eastern Medicine cupping “is the term applied to a technique that uses small glass cups or bamboo jars as suction devices that are placed on the skin [sic] to disperse and break up stagnation and congestion by drawing congested blood, energy or other humors to

the surface. In dry cupping, the therapist will simply place the suction cups on the skin. In wet cupping, the practitioner will make a small incision on the skin and then apply the suction cup to draw out small amounts of blood.” (Pacific College of Health Sciences, n.d).

Myofascial decompression utilizes either rigid or soft cups to create a vacuum either with a hand pump or by a mechanism similar to a suction cup. The goal of the treatment is to create an area of tissue decompression. Currently the education programs in the State of Washington all teach myofascial decompression either internally or through a third party. The education on utilizing myofascial decompression do not adhere to the philosophy of Eastern Medicine and are focused on the physical changes of the tissue when decompression is applied. The education programs clearly state that the technique is not Eastern Medicine. Here is an example of a course description from a third party training:

“FMT RockPods introduces the concept of skin/fascial decompression to help improve tissue mobility, enhance movement and modulate discomfort\* with the use of myofascial cups. This course will cover the anatomical, physiological and neurological effects of myofascial cupping on connective tissue gliding, tissue traction and tissue decompression.” (Capobianco, n.d.)

As it can be seen there are significant differences between the two techniques in both application and philosophy. It is the position of this advisory committee that myofascial decompression does not meet the standard of cupping as part of RCW 18.06, and as long as the LAT is not representing themselves as an Eastern Medicine Practitioner they should not be considered in violation of the RCW 18.250 exemption from the practice of Acupuncture or Eastern Medicine.

## Citations

Commission on Accreditation of Athletic Training Education. (2023). *Standards and Procedures for Accreditation of Professional Programs in Athletic Training*.

Capobianco, S. (n.d). *FMT RockPods*. Accessed on 2/1/2024.  
<https://www.fmtplus.com/fmtplus/fmt-rockpods/>

Pacific College of Health Sciences. (n.d.). *The Many Benefits of Chinese Cupping*. Accessed on 2/2/2024.  
<https://www.pacificcollege.edu/news/blog/2014/09/20/many-benefits-chinese-cupping-1>

**Athletic Trainer License Statistics****As of Feb 28, 2024**

<b>Pending Applications</b>	<b>Apps Received per Month (Average)</b>	<b>Active Licenses</b>
12	8	861

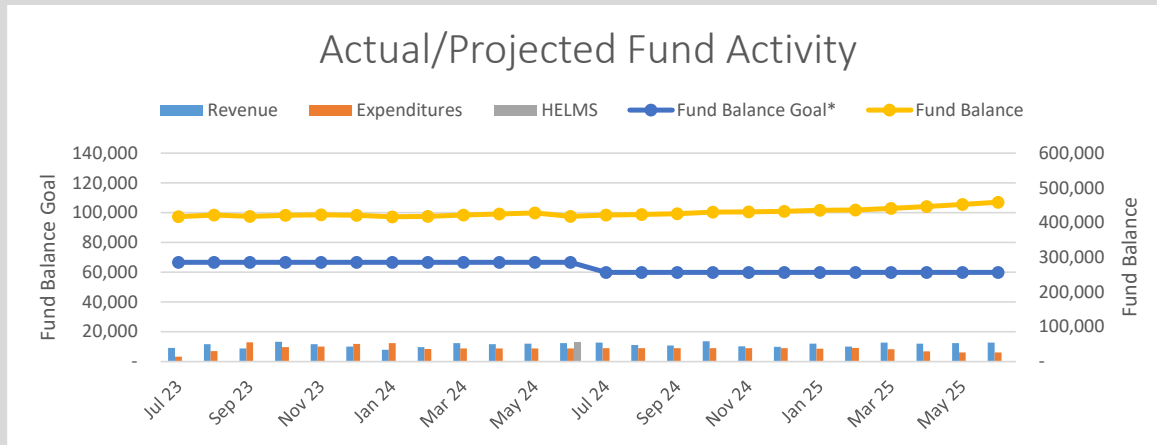


PM: Allyson McIver

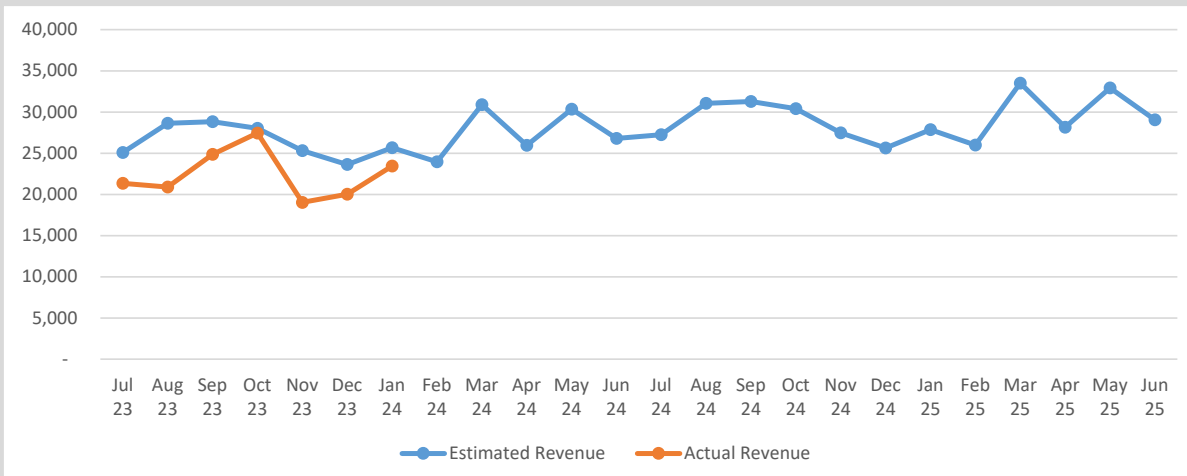
### Athletic Trainer Budget Status Report

For the Period of July 1, 2023 through January 31, 2024

Beginning Fund Balance on July 1, 2023	\$411,320	
Revenue To-Date	72,750	
23-25 HELMS Assessment To-Date	13,363	
Expenses To-Date	67,283	
Period Ending Fund Balance	\$403,424	(\$7,896)

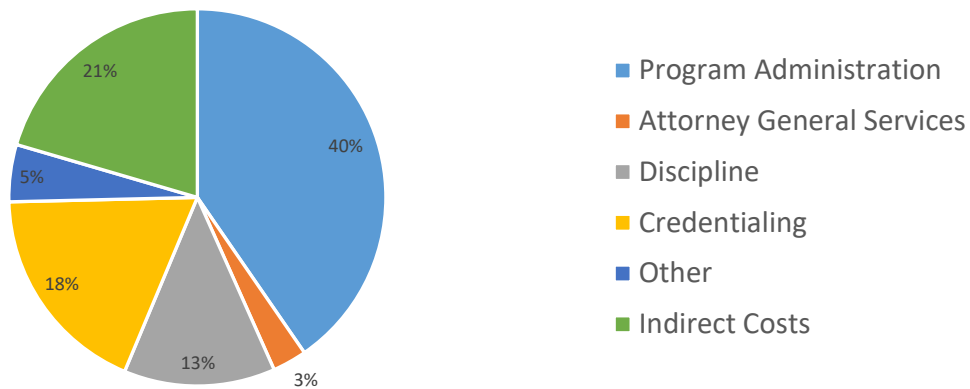


REVENUE	ESTIMATED REVENUE	ACTUAL REVENUE	VARIANCE	% OF ESTIMATED
To-Date	78,065	72,750	(5,315)	93%
Biennium Total	277,015			



EXPENSES	TOTAL BIEN BUDGET	BUDGET TO-DATE	EXPENSES TO-DATE	VARIANCE TO-DATE	VARIANCE TO-DATE %
Staff Salaries and Benefits	105,948	35,651	26,721	8,930	25.0%
Committee Pay	600	175	94	81	46.4%
Expert Witness Contracts	1,000	0	0	0	#DIV/0!
Attorney General Services	4,800	1,400	1,972	(572)	-40.8%
Goods and Services	7,255	2,695	417	2,278	84.5%
Travel	1,848	539	0	539	100.0%
Equipment	120	35	0	35	100.0%
Intra-Agency Charges - Discipline	21,072	6,999	8,723	(1,724)	-24.6%
Intra-Agency Charges - Credentialing	45,074	14,268	12,309	1,959	13.7%
Intra-Agency Charges - Other	19,130	5,292	3,292	2,000	37.8%
<b>Total Direct Costs</b>	<b>206,847</b>	<b>67,054</b>	<b>53,527</b>	<b>13,527</b>	<b>20.2%</b>
Indirect Costs	58,063	16,935	13,756	3,179	18.8%
<b>Grand Total</b>	<b>264,910</b>	<b>83,989</b>	<b>67,283</b>	<b>16,706</b>	<b>19.9%</b>

### Expenses - Cost Categories



**Budget Notes:**

\* Fund Balance Goal is 50% of annual expenditures

## Athletic Trainer

July 1, 2023 - Feb 29, 2024

Alleged Issue	Investigation	Outcome
Patient Care	yes	Closed - Evidence does not support a violation
Patient Care Patient Rights Communication/Personality	no	Closed - No violation
Unlicensed Practice	yes	pending investigation
Practicing Without a Valid License	yes	pending investigation
Practicing Beyond the Scope of Practice	yes	pending investigation
Practicing Beyond the Scope of Practice	yes	pending investigation

Athletic Trainer Complaints

